

## Tips to encourage foraging

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### Foraging, the collective activity during

which your bird searches for and locates food, is an essential part of natural bird behavior. It may look like play, but it's actually an instinctive behavior that allows birds to find often-elusive food. The foraging instinct brings your bird the ultimate reward of nourishment while keeping him physically and mentally agile.

Foraging also offers a constructive release for pent-up energy. Foraging activities and toys help prevent damage to your property and self-destructive behavior like feather-picking.

### Disguise the dish, cover the crock

While your bird watches, hide his food supply with a clean paper towel or coffee filter. He'll delight in shredding the paper cover and uncovering a fulfilling meal.

### Play treat hide-and-seek

Add a sampling of something new to your bird's usual cuisine or fillable toys. He'll gleefully hunt for exciting new delicacies. [Just Fruits](#) and [Just Veggies](#), [Kaytee® Fiesta™ Avian Treat Jars](#), and [Millet](#) entertain with new flavors and textures.

### Offer foraging toys

Brain-boosting toys make foraging FUN! The [Bottoms Up Foraging Toy](#) offers three spots for hiding treats. [Mineral Logs](#) offer nuts or millet, plus mineral-rich clay. And perennial-favorite filled toys, such as [Treat Piñatas](#), the [4-Way Forager](#) toy, and the [Buffet Ball and Kabob](#) offer hours of foraging fun.

## WE RECOMMEND

[Treat Piñata](#)

[Buffet Ball and Kabob](#)