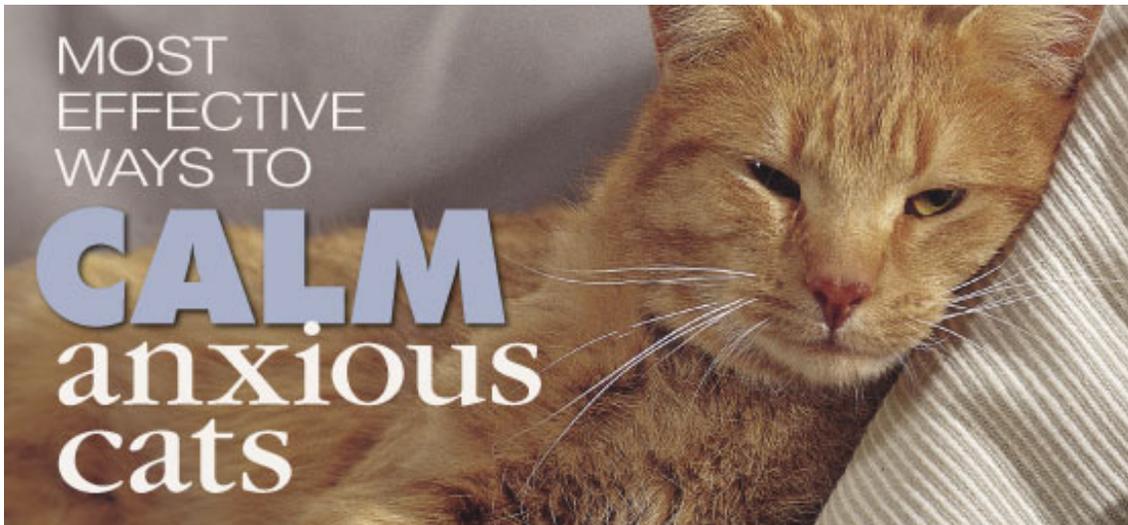


Cat Calming Solutions Comparison

Drs. Foster & Smith Educational Staff



Used to being independent and in control, most cats find the experience of traveling in a carrier to be stressful. Unfamiliar smells, sights, the sound of traffic, and the sensation of being enclosed while moving... it's enough to make any cat complain in the back seat during the whole journey. If you're planning to travel with your cat, consider one of the many natural stress relievers available, or consult with your veterinarian about your prescription options.

Safe and easy to administer, natural stress remedies help calm your cat so she can tolerate the stressful miles. Calming aids like [Rescue Remedy](#), use herbal formulas that ease stress without overly sedating your cat. Whether or not you give your cat a calming aid before traveling, also consider bringing along some [catnip](#) to distract her attention through the most hectic of journeys.

Choosing the right stress reliever

Every pet responds differently to these natural products, so if you find that your pet doesn't respond well to one, consider trying a different product. The right choice for your pet is the one she will readily accept.

Product	Product Type	Active ingredients	Use
 <p>Comfort Zone with Feliway</p>	Air Diffuser	Analogue of feline facial pheromones	Continuously treats the air supply of the entire room to give your cat a sense of well-being. Excellent for pets with problems of spraying, vertical scratching, or reduced desire to interact. Odorless and non-toxic. Not a drug or tranquilizer.
	Spray	Analogue of feline facial pheromones	Natural ingredients mimic feline-friendly pheromones. Ideal for multi-cat homes, moving, visits to the veterinarian, or introducing new cats to your home. Simply

[Feliway](#)

new cats to your home. Simply spray on furniture, doors, or walls.



[Rescue Remedy](#)

Liquid Drops

Flower essences including helianthemum, clematis, and impatiens

Natural relaxant. Calms without making your pet overly sleepy. Can be placed in mouth or disguised in food or water. Administer 30-60 minutes prior to the stressful situation.