

Anxious Pup Calming Aids

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Pets become stressed for many different reasons - travel, unfamiliar guests in the house, being separated during your absence, loud noises like thunder or fireworks, or even from sensing their owner's mood swings. Because your pet is sensitive to his physical and emotional environment, he may occasionally act out in response with excessive barking, inappropriate elimination, or even destructive chewing, scratching, or aggression. Fortunately you can help your pet deal with stress by lessening the root causes of the stress, and, as needed, using a product which supports calm behavior.

Choosing the right product

Every pet responds differently to these natural products, so if you find that your pet doesn't respond well to one, consider trying a different product. The right choice for your pet is the one he will readily accept.

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Product	Product Type	Active ingredients	Use
<u>Comfort Zone with Adaptil Diffuser Kit</u>	Air Diffuser	Analogue of Dog Appeasing Pheromone 2.0%, Isoparaffinic Hydrocarbon (a petroleum distillate) 100g	Easy-to-use diffuser plugs into an electrical outlet, where it diffuses calming pheromones with a coverage of 500 to 650 sq ft for 30 days. Also available in a <u>spray</u> form.
<u>Rescue Remedy</u>	Liquid Drops	HPUS 5x dilution of Helianthemum nummularium, Clematis vitalba, Impatiens glandulifera, Prunus cerasifera, and Ornithogalum umbellatum.	Flower extracts support calm behavior without making your pet overly sleepy. Can be placed in mouth or disguised in food or water. Administer 30-60 minutes prior to the stressful situation.
<u>Ultra-Calm® Soft Chews</u>	Soft chew	Passion Flower Extract, Valerian Root Extract, Ginger Root Extract, Milk Protein Hydrolysate, Niacin, Pyridoxine Hydrochloride (Vitamin B6), and Thiamine Mononitrate (Vitamin B1)	Use as needed before travel, thunderstorms, or trips to the veterinarian or groomer.

<u>Composure SoftChews</u>	Soft chew	Thiamine (Vitamin B1), C3™ (Colostrum Calming Complex), L-Theanine (Suntheanine® brand)	For use before anticipated periods of stress or for pets exhibiting nervousness and hyperactivity.
<u>Pet-Ease™ for Dogs</u>	Soft chews or tablets	Bio-Calm Complex (propriety blend of Chamomile, Hops, Ginger, Tryptophan and Taurine)	Natural blend of herbs and amino acids helps maintain your dog's contentment during separation, travel, motion sickness, storms, grooming and changes in routine.
<u>Sentry Calming Diffuser for Dogs</u>	Air diffuser	Calming pheromones	Plug-in pheromone diffuser helps modify stress- and fear-related behavior problems. Room-wide protection covers 215 sq ft for up to 30 days.
<u>Sentry Calming Spray</u>	Aerosol spray	Calming pheromones	Spray in any room or automobile to provide calming reassurance in new or fearful situations.
<u>ThunderSpray for Dogs</u>	Aerosol spray	Calming pheromones,herbal aromatherapy	Apply room-wide, in the car, or directly on a <u>Thundershirt</u> to provide calming reassurance.
<u>Sentry Calming Collar</u>	Neck collar	Calming pheromones	Dog wears around the clock for sustained-release, soothing reassurance for separation anxiety, a baby's new arrival, loud noises, travel and more.
<u>Virbac Anxitane®</u>	Chewable tablets	L-Theanine (Suntheanine)	Eases nervousness, anxiety and environmental stress. Ideal when used in combination with behavioral modification program.
<u>HomeoPet Anxiety Relief</u>	Liquid drops	Aconitum nap, Arg nit, Arsenicum alb, Gelsemium, Avena, Passiflora, Scutellaria,	Add directly to the mouth, on food, or in water to help sustain calmness before separation, veterinarian and groomer visits kenneling and

		Valeriana and more	grooming visits, remaining and other travel.
<u>Natural Pet Anxiety & Stress</u>	Liquid drops	Aconitum Napellus, Apis Mellifica, Arnica Montana, Arsenicum Album, Belladonna, Bellis Perennis, Bryonia, Calendula Officinalis, Chamomilla, Cistus Canadensis, Clematis Erecta, Ferrum Phosphoricum, Histaminum Hydrochloricum, Hypericum Perforatum, and more.	Over 20 natural ingredients in liquid drop form help support calmness in dogs during stressful events.
<u>Relax & Calm Chews</u>	Soft chews	L-Tryptophan, Chamomile, and Ginger Root.	Use chews before travel, separation and other stressful events.
<u>Comfort Zone® with Adaptil® Collar</u>	Neck Collar	Analogue of Dog Appeasing Pheromone - 5% min	Veterinarian-recommended, around-the-clock solution to your dog's stress-related behaviors. Helps curb your dog's excessive barking, whining, trembling, chewing and house soiling.

Veterinary Options

For a severe case of separation anxiety, your veterinarian might suggest a prescription anti-anxiety medication such as clomipramine, along with behavior modification training exercises. These combined treatments are effective in treating severe separation anxiety. The medication helps your dog relax so he can concentrate on the behavior modification training exercises; the training is what actually changes the dog's response to a stressful situation.