Parrot Food Comparison Chart

Drs. Foster & Smith Educational Staff

BIRD FOOD NUTRITION FACTS

With all the available choices, how can you know you've selected the perfect bird food? Each of the bird foods includes nutrition fact symbols that help you better understand your food selection.

REAL FRUIT/VEGETABLES

Fruits and veggies provide beneficial vitamins, minerals, and carbohydrates. Many bird foods include fruit and veggies to vary flavors and textures while maximizing nutrition.

NO ARTIFICIAL COLORING

Artificial coloring does not automatically compromise nutritional value. In fact, many bird foods are carefully formulated with food-safe colorings because many birds will eat only vibrantly colored food.

VITAMIN FORTIFIED

Most bird foods are fortified with vitamins and minerals. This fortification of already-healthy ingredients ensures that foods support body systems, plumage, bones, and more.

NO ADDED SWEETENERS

Much like excess fat, excess sugars in bird food can quickly lead to obesity. Many bird foods include naturally sweet ingredients. Added sweeteners include honey, corn syrup, and molasses. Monitor your bird's consumption of sweets.

GUARANTEED OMEGA FATTY ACID LEVELS

Omega-3 fatty acids support skin and feather health and also healthy joints, immune system, heart, brains, and eyes as well as overall well-being. Guaranteed levels of Omega-3 fatty acids are found in all Doctors Foster and Smith Premium Bird Blends as well as other bird foods.

The following chart will help you compare the nutritional characteristics of bird foods. Consult your veterinarian for information about your bird's unique nutritional requirements.

	real fruit/vegetables	no artificial coloring	guaranteed vitamin levels	no added sweeteners	guaranteed Omega fatty acid levels

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8-in-1 Ecotrition Diet	✔				
Caitec Oven Fresh Bites	✔	✔		✔	
Harrison's Adult Lifetime	✔	✔		✔	
Harrison's High Potency Coarse	✔	✔		✔	
Harrison's High Potency Fine Bird Food	✔	✔		✔	
Higgins Mayan Harvest	✔				
	real fruit/vegetables	no artificial coloring	guaranteed vitamin levels	no added sweeteners	guaranteed Omega fatty acid levels
Kaytee® Exact Conversion & Weaning Diet					✔
Kaytee Exact Natural		✔			✔
Kaytee Exact Rainbow Large Parrot					✔

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Kaytee Exact Rainbow Parrot & Conure					✔
Kaytee Fiesta Max	✔				✔
Kaytee Forti-Diet Pro Health	✔				✔
	real fruit/vegetables	no artificial coloring	guaranteed vitamin levels	no added sweeteners	guaranteed Omega fatty acid levels
Kaytee® Forti-Diet® Pro-Health™ Egg-Cite!	✔				✔
Kaytee Forti-Diet Pro Health w/Safflower	✔				✔
L'Avian Bean Cuisine	✔	✔		✔	
Lafeber's Daily Diet		✔			✔
Lafeber's El Paso Nutri-Berries		✔			✔
	real fruit/vegetables	no artificial coloring	guaranteed vitamin levels	no added sweeteners	guaranteed Omega fatty acid levels

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Lafeber's Garden Veggie Nutri-Berries	✔	✔			✔
Lafeber's Nutri-Meals	✔	✔		✔	✔
Lafeber's Original Nutri-Berries		✔			✔
Lafeber's Sunny Orchard Nutri-Berries	✔	✔			✔
Lafeber's Sunny Orchard Pellet-Berries	✔	✔			✔
Lafeber's Tropical Fruit Nutri-Berries	✔	✔			✔
Pretty Bird Birdy Banquet	✔			✔	
Pretty Bird Eclectus			✔		
	real fruit/vegetables	no artificial coloring	guaranteed vitamin levels	no added sweeteners	guaranteed Omega fatty acid levels
Pretty Bird Hi-Pro Amazon/Cockatoo Food			✔	✔	

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Roudybush Low Fat Daily Maintenance Diet		✔		✔	
Roudybush Maintenance Diet: California Blend	✔	✔		✔	
SunSeed Sunscription Vita Prima	✔		✔		
ZuPreem® AvianBreeder™ Fruitblend™					
ZuPreem AvianEntrees	✔				
ZuPreem FruitBlend for XLarge Birds	✔				
	real fruit/vegetables	no artificial coloring	guaranteed vitamin levels	no added sweeteners	guaranteed Omega fatty acid levels
ZuPreem FruitBlend for Large Birds	✔				
ZuPreem Natural Premium Daily Bird Food for Large Birds		✔			
ZuPreem Natural Premium Daily Bird Food for Medium/Large Birds		✔			

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	ZuPreem NutBlend™ Flavor Premium Daily Bird Food	✔				
	ZuPreem VeggieBlend™ Flavor Premium Daily Parrot Food	✔				

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