

How to Make Bird Food Fun

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Despite what you've been told, you **should** play with food - your bird's food! Let your creativity run wild in making fun, irresistible bird treats.

Start with fruits, veggies, and other groceries you already have at home. Then, add bird-favorite accents and a pinch of ingenuity. Remember, treats should constitute only 10% of your bird's daily diet. Also, serve fruits in moderation, since they are high in sugar.

Creative, homemade bird treats not only show your devotion, they also give your feathered friend a fun mix of his favorite tastes and textures. Be sure to tailor portion size to your bird's size so you don't have to take the treat away to prevent overeating. Always ask your veterinarian if you're unsure whether a certain fruit, veggie, or other item you already have at home would make an appropriate bird treat.

Simple Make-It-Yourself Bird Snacks

- Fill an apricot half or a few pasta shells with goeey [Nutri-Forage Pack-N-Snack](#).
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- Press [Doctors Foster and Smith Dried Banana Chips](#) into apple wedges.
- Wrap small amounts of [Just Fruits and Just Veggies](#) burrito-style in lettuce leaves.
- Sprinkle [Ecotrition Treats](#) on an especially frilly piece of kale.
- Place a sprig of [millet](#) inside a boat-shaped piece of Belgian Endive.

