Aquariums as Part of Your Lifestyle

Drs. Foster & Smith Educational Staff

The benefits of bringing an aquarium into your life

quariums are a beautiful addition to any home. But beyond their aesthetic value, aquariums have many unique qualities that enrich the life of anyone involved in this engaging hobby. The aquarium hobby incorporates well into today's hectic lifestyle and provides many benefits. Discover why so many people find having an aquarium (or many) a meaningful and worthwhile endeavor. Some of the benefits of aquariums include:

Stress reduction

Aquariums are an anchoring or stabilizing feature that counterbalances the hectic and uncertain events of your life. Day to day craziness can catch up with you, but having something stable, concrete, and serene to contrast the chaos can provide a beneficial balance. Simply seeing aquarium plants sway back and forth, watching fish glide effortlessly through the smooth water, or hearing the gentle trickle of water from the filter can be very soothing and relaxing. As you sit and enjoy your aquarium, you will be amazed how the stress of the day's activities vacates your mind and body.

Q: I want my aquarium to look attractive in my living room, but I don't want to spend a ton of money. What can I do?

A. Aquarium decorations are the easiest and most cost effective way to enhance any aquarium. Choose from a wide variety of artificial plants and decorations to create a magnificent aquarium with minimum effort.

Distinct focal point

Not only is an aquarium a great way to bring peaceful retreat to your home, it also adds an unexpected focal point to any room. Are you tired of guests seeing a big, bulky TV when they first walk into a room? Re-direct their attention with a bright, beautiful aquarium. Place the aquarium on a decorative, furniture quality stand to make a grand statement. An attractive aquarium serves as a stunning showpiece you can show off to guests, like you would an elegant art piece or dazzling décor. Add your favorite fanciful decorations and bold, brightly colored fish to bring beauty to any room and to captivate the attention of anyone who enters.

Entertainment

An aquarium filled with fish, intriguing decorations or lush plants can provide endless entertainment for family and friends. Even the simple pleasure of feeding fish is an exciting event enjoyed by children of all ages. They will be mesmerized as they watch colorful fish play and swim. Encourage children to pick out names for the fish or read books about the plants, fish and other aquarium inhabitants to add an entertaining approach to education.

Enliven home environment

Invigorate your home with live plants, fish, and other live aquarium inhabitants. Bringing a "living" element into your home

*Unauthorized use of any images, thumbnails, illustrations, descriptions, article content, or registered trademarks of **Foster & Smith, Inc.** is strictly prohibited under copyright law. Site content, including photography, descriptions, pricing, promotions, and availability are subject to change without notice. These restrictions are necessary in order to protect not only our copyrighted intellectual property, but also the health of pets, since articles or images that are altered or edited after download could result in misinformation that may harm companion animals, aquatic life, or native species.*

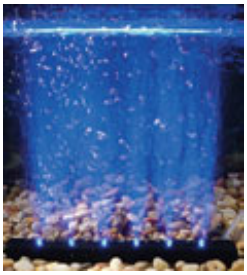
is a great way to vitalize an otherwise sterile, urban setting. Many housing situations may not be suitable to properly accommodate pets such as dogs. Hectic schedules also exclude the option of having conventional pets. Aquariums are the perfect solution. When you want to add character and life to your space, consider bringing a bit of the outdoors in with a living, thriving aquarium.

Sense of accomplishment

There's a multitude of tasks that go into making sure your aquarium stays clean, vibrant and healthy. Completing those tasks successfully and seeing your aquarium inhabitants grow and thrive over time can nurture a satisfying sense of accomplishment.

PRODUCTS WE RECOMMEND

Make an ordinary aquarium extraordinary with **Decorations**.



Marineland LED Bubble Wands creates beautiful underwater aquarium effects.

JBJ Lighting Nano 180° Half Moon Biotope

Modern space-saving aquarium design maximizes visual impact.

*Unauthorized use of any images, thumbnails, illustrations, descriptions, article content, or registered trademarks of **Foster & Smith, Inc.** is strictly prohibited under copyright law. Site content, including photography, descriptions, pricing, promotions, and availability are subject to change without notice. These restrictions are necessary in order to protect not only our copyrighted intellectual property, but also the health of pets, since articles or images that are altered or edited after download could result in misinformation that may harm companion animals, aquatic life, or native species.*