Catnip Selection Guide

Drs. Foster & Smith Educational Staff

Catnip has been a longtime favorite cat treat. A plant in the mint family, catnip (Nepeta cataria) is found throughout the United States, particularly in the Midwest. The cat-active ingredient in catnip, "nepatalactone," is nonaddictive and completely cat-safe. Many cats become excited or aroused as they smell, chew, and eat this enticing herb.

When you offer catnip, you create a terrific opportunity for your kitty to burn some extra calories. Since catnip is low in fat and calories, it's also an excellent treat for bored, inactive, or overweight cats.

Available in a variety of forms, there are many ways to offer catnip to your cat:

Dried: Dried catnip flakes, like our own Feline Fantasia® Flakes are easily sprinkled on kitty's favorite toy or cat scratcher - ideal for the kitty who enjoys eating it.

Fresh: Grow your own catnip! Cat Nip Plus includes everything you need to grow fresh, intoxicating catnip right at home. For its full effect, bruise freshly cut stems and leaves slightly before you offer them to your cat.

Pellets: Feline Fantasia® Pellets are a mess-free way to offer catnip inside your cat's favorite toy. Or, place pellets inside kitty's bed lining or on cat trees for the catnip attraction.

With so many options, you're sure to find a fun and healthful way to treat your cat.

RECOMMENDED PRODUCTS

Cat Nip Plus

Feline Fantasia® Catnip

Cosmic Frisky Spritz Catnip Spray

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