

## Home Dental Care Guide

Drs. Foster & Smith Educational Staff



Take a moment and examine your cat's mouth. White teeth, pink gums, and sweet breath signify good oral health. Alternatively, brown-colored teeth, red and puffy gums, and bad breath are signs of poor oral health.

According to the American Veterinary Dental Society (AVDS) about 85% of adult cats have periodontal disease. Periodontal disease begins with plaque buildup on the teeth. If left untreated, periodontal disease will lead to tooth loss.

The good news is you've already taken the first step toward bettering your cat's oral health - at-home examinations. At-home care is the next step, and should include brushing, dental treats, and dental toys.

### Brushing

Brush your cat's teeth at least twice weekly, daily is best. Use a toothbrush and toothpaste made for cats (not human toothpaste). Our [ToothCare Dental Kit](#) gets you started with [Advanced Tartar Control Toothpaste](#), Pet Toothbrush, and two [Pet Finger Toothbrushes](#). [Drs. Foster & Smith Dental Clens® Pads](#) and [Dental Cleanser](#) kill bacteria with chlorhexidine and are ideal for a quick wipe on days you lack the time for a thorough brushing. [Pet Kiss Plaque & Tartar Control](#) helps with tartar control each time your pet takes a drink of water.

### Dental Treats

Your cat's going to chew on something. Why not give her a treat with a little extra crunch, or with ingredients like breath-freshening eucalyptus and chlorophyll? [Feline Greenies®](#) will assist her oral care while she chews.

### Dental Toys

Turn playtime into a teeth-cleaning session. [Dental Health Chews](#) help remove plaque with floss-like netting.

Playtime, snack time, even quiet moments of bonding can all be used as opportune times to take care of kitty's teeth - with the right at-home tools.

**Cats have 30 permanent teeth.**

In addition to at-home care, please remember to schedule a yearly oral exam and cleaning with your veterinarian. Your veterinarian uses special dental tools that are very effective at removing plaque, cleaning gums, and polishing teeth, and can diagnose any problems.

**We Recommend**



[Drs. Foster & Smith  
Dental Cleanser &  
Dental Sponges](#)



[Feline  
Greenies®](#)



[Drs. Foster & Smith  
ToothCare Dental  
Kit](#)



[Dental Health  
Chew Toys with  
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