Indulge Her Instincts

Drs. Foster & Smith Educational Staff

Healthy Hunts

Born out of the great hunts of wild ancestors, play stimulates intellect, burns calories, and develops physical coordination and balance. It helps your cat socialize with other cats and humans, teaches survival skills, and helps relieve boredom, obesity, loneliness, and stress. Even the most sedentary cats will enjoy play if properly challenged. Play is not only fun but also the gateway to good mental and physical health.

Cat Challenges

Basically, cat toys fall into two categories. Play-alone toys run the gamut from catnip-filled balls to laser toys that light up randomly from a stand-alone base. They are great for active cats that initiate their own play. Play-together toys are those you, the owner, must jiggle, twitch, or fling in front of kitty to encourage her to play. We especially recommend play-together toys, for they can help increase the bond you and your cat share.

Toy Tips

Most cats do not fetch toys in the way dogs will. In fact, to entice the best play from your cat, choose toys that mimic the start-and-stop, hide-and-seek, give-and-take elements of natural hunts. Toys that seem to respond to your cat's pats, pounces, and bats entice further play as your cat tries to overcome the toy. The hunt should never be too easy - but your cat should always win.

WE RECOMMEND

FroliCat™ Bolt and Dart Laser Cat Toys

has an automatic rotating laser for your cat to pounce.

Da Bird Wand Toys

let you wiggle a toy insect in front of your cat.

Peek-A-Prize Toy Box

Tantalize your cat's instinct to hunt! Toys peek out, but can your cat free the prize?

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