

Digestive Aids for Horses: Compare

Drs. Foster & Smith Educational Staff



Digestive supplements for horses may contain probiotics, prebiotics, mannan oligosaccharides, sources of soluble fiber, or a combination of these ingredients.

- **Probiotics** are live microorganisms, including bacteria (e.g. *Lactobacillus* species) and yeast (e.g. *Saccharomyces* species), which, when given in sufficient amounts may benefit the horse.
- **Prebiotics** are non-digestible food ingredients that produce health benefits by promoting the growth of "good" bacteria in the intestine. These include oligosaccharides.
- **Psyllium** is an 80% water-soluble fiber that is used to move sand through a horse's digestive system.

Digestive aids may help after worming, with horses on antibiotics, and with older horses.

The following is a comprehensive list of digestive aids with ingredient amounts.

Product	Form	Lactobacillus sp.	Saccaromyces sp.	Enterococcus sp./ Bacillus sp.	Psyllium	Other prebiotics or probiotics	Oligosaccharides	Anti-oxidants
Daily Start by Equishine	Powder	2.5 billion CFU/ serving	30 billion CFU/ serving	N	N	Y	5 mg/serving	Y
ProBios Digestive Treats by Vets Plus	Treats	N	N	20 million CFU/ serving	N	Y	N	N
ProBios Hip & Joint Treats by Vets Plus	Treats	N	N	20 million CFU/ serving	N	Y	N	N
SandClear by Farnam	Pellets	N	N	N	Y	N	N	N
ProBios by Vets Plus	Powder	50 million CFU/ serving	N	N	N	N	N	N
ProBios Equine One by Vets Plus	Gel	100 million CFU/ serving	N	N	N	N	N	N
Omega SureGut™ for Horses	Powder	N	16 billion CFUs	N	N	Y	N	Y
Exceed 6-Way™ Pellets by Med-Vet Pharmaceuticals (MVP)	Pellets	N	Y	Y	N	Y	N	Y
Levelor™ by Med-Vet Pharmaceuticals (MVP)	Pellets	Y	Y	Y	N	Y	N	N

<u>Gastro-Plex™</u> by Med-Vet Pharmaceuticals (MVP)	Pellets	N	Y	N	N	Y	Y	Y
<u>Gastro-Plex™</u> by Med-Vet Pharmaceuticals (MVP)	Paste	Y	N	Y	N	Y	N	N
<u>Sand-Free™</u> by Med-Vet Pharmaceuticals (MVP)	Pellets	N	N	N	Y	Y	N	N
<u>D-Carb Balance</u> by Med-Vet Pharmaceuticals (MVP)	Pellets	N	Y	Y	N	Y	N	Y