

Digestive Aids for Horses: Compare

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Digestive supplements for horses may contain probiotics, prebiotics, mannan oligosaccharides, sources of soluble fiber, or a combination of these ingredients.

- **Probiotics** are live microorganisms, including bacteria (e.g. *Lactobacillus* species) and yeast (e.g. *Saccharomyces* species), which, when given in sufficient amounts may benefit the horse.
- **Prebiotics** are non-digestible food ingredients that produce health benefits by promoting the growth of "good" bacteria in the intestine. These include oligosaccharides.
- **Psyllium** is an 80% water-soluble fiber that is used to move sand through a horse's digestive system.

Digestive aids may help after worming, with horses on antibiotics, and with older horses.

The following is a comprehensive list of digestive aids with ingredient amounts.

| Product | Form | Lactobacillus sp. | Saccaromyces sp. | Enterococcus sp./ Bacillus sp. | Psyllium | Other prebiotics or probiotics | Oligosaccharides | Anti-oxidants |
|---|---------|--------------------------|-------------------------|--------------------------------|----------|--------------------------------|------------------|---------------|
| Daily Start by Equishine | Powder | 2.5 billion CFU/ serving | 30 billion CFU/ serving | N | N | Y | 5 mg/serving | Y |
| ProBios Digestive Treats by Vets Plus | Treats | N | N | 20 million CFU/ serving | N | Y | N | N |
| ProBios Hip & Joint Treats by Vets Plus | Treats | N | N | 20 million CFU/ serving | N | Y | N | N |
| SandClear by Farnam | Pellets | N | N | N | Y | N | N | N |
| ProBios by Vets Plus | Powder | 50 million CFU/ serving | N | N | N | N | N | N |
| ProBios Equine One by Vets Plus | Gel | 100 million CFU/ serving | N | N | N | N | N | N |