

Tips for People with Cat Allergies

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Every day, thousands of people suffer from allergies to their own animals. They experience itchy eyes, runny nose, asthma symptoms, red itchy skin or a rash. Often, those who are allergic are sensitive to their pet's dander. Dander is dead skin cells that are continually shed throughout your cat's lifetime.

If you or a member of your family is allergic to pets, there are actions you can take to help keep allergic reactions under control and minimize discomfort. Here are some useful tips:

- Clean and vacuum your home regularly to remove dander
- Use special [pet wipes](#) to remove dander while pleasantly stroking your cat
- [Brush](#) your cat daily to remove loose hair and use [allergy-reducing wipes](#)
- Support your pet's skin health by feeding a [high-quality food](#) and a [fatty acid supplement](#)
- Wash your hands after handling your cat, his toys, and bed
- See your physician and discuss possible immunotherapy or medications
- Keep your pet out of your bedroom and close air ducts in bedrooms, if practical
- Install a good HEPA air filter

Our pets are a very integral part of our lives. With careful management, we can help alleviate pet-induced allergic reactions in our homes.

Recommended Products



[Vitacoat® Plus](#)

contains Omega-3 and Omega-6 fatty acids to promote healthy skin and coat.



[Dander Destroyer Coat Wipes](#)

Moist, quilted wipes keep allergens like dirt & dander easily contained.



[Cat Bath Wipes](#)

let you wipe away coat odors at the same time as you condition your cat's skin and hair coat