

# Cat Calming Solutions Comparison

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Used to being independent and in control, most cats find the experience of traveling in a carrier to be stressful. Unfamiliar smells, sights, the sound of traffic, and the sensation of being enclosed while moving... it's enough to make any cat complain in the back seat during the whole journey. If you're planning to travel with your cat, consider one of the many natural stress relievers available, or consult with your veterinarian about your prescription options.

Safe and easy to use, feline stress remedies help calm your cat so she can tolerate the stressful miles, as well as the unfamiliar surroundings once you arrive at a new destination. Calming aids like [Rescue Remedy](#), use herbal formulas that ease stress without overly sedating your cat. Whether or not you give your cat a calming aid before traveling, also consider bringing along some [catnip](#) to distract her attention through the most hectic of journeys.

### Choosing the right stress reliever

Every pet responds differently to these products, so if you find that your pet doesn't respond well to one, consider trying a different product. The right choice for your pet is the one she will readily accept.

Product Example	Product Type	Active ingredients	Use
 <a href="#">Comfort Zone®</a>	Air Diffuser	Analogue of feline facial	Continuously treats the air supply of the entire room to give your cat a sense of well-being. Excellent for pets with problems of

<p><a href="#"><u>with Feliway® Diffuser Kit and Refills</u></a></p>		pheromones	spraying, vertical scratching, or reduced desire to interact. Odorless and non-toxic. Not a drug or tranquilizer.
 <p><a href="#"><u>Comfort Zone® with Feliway® Spray</u></a></p>	Spray	Analogue of feline facial pheromones	Natural ingredients mimic feline-friendly pheromones. Ideal for multi-cat homes, moving, visits to the veterinarian, or introducing new cats to your home. Simply spray on furniture, doors, or walls.
 <p><a href="#"><u>Sentry Calming Collar</u></a></p>	Collar	Pheromones	Unlike plug-in diffusers that work in a designated room, this sustained-release pheromone collar works wherever your cat goes. Effects last up to 30 days.
 <p><a href="#"><u>Rescue Remedy</u></a></p>	Liquid Drops	Flower essences including helianthemum, clematis, and impatiens	Natural relaxant. Calms without making your pet overly sleepy. Can be placed in mouth or disguised in food or water. Administer 30-60 minutes prior to the stressful situation.
 <p><a href="#"><u>Thundershirt™ for Cats</u></a></p>	Pressure Shirt	NA	Applies gentle constant pressure to the torso, which helps calm down anxious or fearful cats. Pressure has been used to successfully reduce anxiety for many years for both animals and humans.
 <p><a href="#"><u>VetriScience®</u></a></p>	Chicken liver flavor	Thiamine (Vitamin B1), C3™ (Colostrum Calming Complex),	<b>C3</b> - Colostrum Calming Complex is isolated from colostrum proteins, which have a calming effect on animals. <b>L-Theanine</b> (Suntheanine Brand) supports calming and

[Composure<sup>TM</sup>](#)  
[Bite Sized Chews](#)  
[for Cats](#)

chews

L-Theanine  
(Suntheanine®  
brand)

relaxation and the reduction  
or irritability and low mood  
states. **Thiamine** (Vitamin  
B1) helps manage stress and  
reduces irritability.