

# Gum Disease: At Home Prevention

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Combat Gum Disease at Home the Quick and Easy Way The Quick and Easy Way to Combat Gum Disease at Home

Gingivitis is the most commonly diagnosed disease in pets over the age of three years. Studies show that 80% of dogs show some signs of gum disease by age three. Gum disease is painful and can lead to problems ranging from bad breath to tooth loss to diseases affecting the entire body.

Just like in humans, gum disease in pets is caused by plaque and tartar buildup. This can be avoided by incorporating a dental care program at home. A simple stress-free way to introduce your dog to a dental care routine is to clean his teeth daily using our [Dental Clens Pads](#). This long-time customer favorite is a hassle-free product that anyone can use quickly and easily.

Dental Clens Pads are saturated with our peppermint-fresh [Dental Clens Solution](#) which contains chlorhexidine, effective for killing the germs that cause tartar build-up, gingivitis, and bad breath. Easy to handle, these pads quickly wipe away germs and bacteria from teeth, and they're mess-free, since you simply throw them away after use.

Remember to try and make your dental care routine as pleasant as you can for your dog. Always reward him after every session with a small treat or tidbit. Ideal choices for this purpose are:

- [Fresh Breath Tablets](#) which break down plaque and neutralize digestive odors.
- [C.E.T. VeggieDent Chews](#) which help scrape away plaque. VeggieDent Chews can also help scrape bacteria-ridden film from the tongue - a primary culprit in dog mouth odors.

The best way to prevent gum disease is to brush your dog's teeth daily, or at least weekly, with a [toothbrush](#) and [toothpaste](#) specially designed for dogs. But by starting your dental care program with [Dental Clens Pads](#), you'll make this transition easier, more convenient, and less stressful on both you and your pet.

