An appetizing Way to Feed Your Bird

Drs. Foster & Smith Educational Staff

In "old school" bird nutrition, seed was king. After all, doesn't everyone feed their backyard birds seed and don't they love it?

True, but we forget that wild birds glean nutrition from many sources besides our bird feeders, including plants, insects, fruits, and other natural nutrients, providing them with optimal, balanced nutrition. Birds love seed like children love candy, but no one would feed their child candy and nothing else!

So, what's the solution? Balanced nutrition including nuggets or pellets for overall wellness. Pellets or nuggets provide balanced nutrition in a baked, healthy blend of grains, seeds, veggies, fruits, proteins, vitamins, and minerals. They are easy for birds to grasp and eat and they are a lot less mess than seed-only foods. Other benefits of pellets/nuggets include:

- **Less fat.** Many seeds have a high percentage of fat and are low in essential nutrients. This not only contributes to obesity, but can also cause nutrition imbalances. Pellets, because they are a mix of ingredients, generally have less fat.

- **The right nutrition.** Diverse species require different nutrition. Many pelleted foods allow you to feed your bird the levels of protein, fat, fiber and other essential nutrients your particular bird needs to thrive.

- **Nutritional variety.** Wild birds eat different seeds (and other things) during different seasons, so they naturally get and crave a variety of foods. Pellets and nuggets provide this.

- **Appetizing assortment.** Your bird appreciates a varied, appetizing diet as much as you do. While pelleted foods are similar in purpose, they differ greatly in presentation – size, style, shape, texture, and color.

Healthy, wholesome diets including pellets (like our Premium Blends) – with their wide range of colors and shapes – offer the essential nutrition and flavor to satisfy birds of all varieties, sizes, and preferences.

WE RECOMMEND

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Drs. Foster and Smith Cockatiel Premium Blend | Drs. Foster and Smith Parrot Premium Blend | Drs. Foster and Smith Macaw Premium Blend | Drs. Foster and Smith Parakeet Blend

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