Parakeet Food Comparison Chart

Drs. Foster & Smith Educational Staff

BIRD FOOD NUTRITION FACTS

With all the available choices, how can you know you've selected the perfect bird food? Each of the bird foods includes nutrition fact symbols that help you better understand your food selection.

REAL FRUIT/VEGETABLES
Fruits and veggies provide beneficial vitamins, minerals, and carbohydrates. Many bird foods include fruit and veggies to vary flavors and textures while maximizing nutrition.

NO ARTIFICIAL COLORING
Artificial coloring does not automatically compromise nutritional value. In fact, many bird foods are carefully formulated with food-safe colorings because many birds will eat only vibrantly colored food.

VITAMIN FORTIFIED
Most bird foods are fortified with vitamins and minerals. This fortification of already-healthy ingredients ensures that foods support body systems, plumage, bones, and more.

NO ADDED SWEETENERS
Much like excess fat, excess sugars in bird food can quickly lead to obesity. Many bird foods include naturally sweet ingredients. Added sweeteners include honey, corn syrup, and molasses. Monitor your bird's consumption of sweets.

GUARANTEED OMEGA FATTY ACID LEVELS
Omega-3 fatty acids support skin and feather health and also healthy joints, immune system, heart, brains, and eyes as well as overall well-being. Guaranteed levels of Omega-3 fatty acids are found in all Doctors Foster and Smith Premium Bird Blends as well as other bird foods.

The following chart will help you compare the nutritional characteristics of bird foods. Consult your veterinarian for information about your bird's unique nutritional requirements.

	real fruit/vegetables	no artificial coloring	guaranteed vitamin levels	no added sweeteners	guaranteed Omega fatty acid levels
8 in 1 Ecotrition	✔				

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DOCTORS FOSTER and SMITH Parakeet Premium Blend with Omega-3s	✔		✔	✔	✔
Harrison's High Potency Super Fine Bird Food	✔	✔		✔	
Kaytee® Exact Conversion & Weaning Diet					✔
Kaytee Exact Rainbow					✔
	real fruit/vegetables	no artificial coloring	guaranteed vitamin levels	no added sweeteners	guaranteed Omega fatty acid levels
Kaytee Fiesta Max	✔				✔
Kaytee® Forti-Diet® Pro Health™	✔				✔
Kaytee® Forti-Diet® Pro-Health™ Egg-Cite!	✔				✔
Lafeber's® Sunny Orchard Pellet-Berries	✔	✔			✔
Lafeber's Nutri-Berries		✔			✔

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	real fruit/vegetables	no artificial coloring	guaranteed vitamin levels	no added sweeteners	guaranteed Omega fatty acid levels
Lafeber's Premium Daily Diet		✔			✔
Roudybush Low Fat Maintenance		✔		✔	
Sunseed Sunscription Vita Prima	✔		✔		
ZuPreem Avian Entrees	✔				
ZuPreem Avian Maintenance FruitBlend	✔				
ZuPreem Natural Premium Daily Bird Food Medium Bird		✔			
ZuPreem Natural Premium Daily Bird Food Small Bird		✔			

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