

Cockatiel Food Comparison Chart

Drs. Foster & Smith Educational Staff



BIRD FOOD NUTRITION FACTS

With all the available choices, how can you know you've selected the perfect bird food? Each of the bird foods includes nutrition fact symbols that help you better understand your food selection.



REAL FRUIT/VEGETABLES

Fruits and veggies provide beneficial vitamins, minerals, and carbohydrates. Many bird foods include fruit and veggies to vary flavors and textures while maximizing nutrition.



NO ARTIFICIAL COLORING

Artificial coloring does not automatically compromise nutritional value. In fact, many bird foods are carefully formulated with food-safe colorings because many birds will eat only vibrantly colored food.



VITAMIN FORTIFIED

Most bird foods are fortified with vitamins and minerals. This fortification of already-healthy ingredients ensures that foods support body systems, plumage, bones, and more.



NO ADDED SWEETENERS







Much like excess fat, excess sugars in bird food can quickly lead to obesity. Many bird foods include naturally sweet ingredients. Added sweeteners include honey, corn syrup, and molasses. Monitor your bird's consumption of sweets.





















GUARANTEED OMEGA FATTY ACID LEVELS















Omega-3 fatty acids support skin and feather health and also healthy joints, immune system, heart, brains, and eyes as well as overall well-being. Guaranteed levels of Omega-3 fatty acids are found in all Doctors Foster and Smith Premium Bird Blends as well as other bird foods.













The following chart will help you compare the nutritional characteristics of bird foods. Consult your veterinarian for information about your bird's unique nutritional requirements.

	 real fruit/vegetables	 no artificial coloring	 guaranteed vitamin levels	 no added sweeteners	 guaranteed Omega fatty acid levels
 8 in 1 Ecotrition	✓				

	Caitec Oven-Fresh Bites	✓	✓		✓	
	DOCTORS FOSTER & SMITH Premium Blend with Omega-3s	✓	✓	✓	✓	✓
	Harrison's Adult Lifetime Coarse	✓	✓		✓	
	Harrison's Adult Lifetime Fine	✓	✓		✓	
	Harrison's High Potency Fine Bird Food	✓	✓		✓	
	Harrison's High Potency Mash	✓	✓		✓	
	Harrison's High Potency Super Fine Bird Food	✓	✓		✓	
	Higgins InTune - Natural Diet		✓	✓		✓
	Higgins Mayan - Harvest	✓		✓		
	Kaytee® Exact - Conversion & Weaning Diet					✓

	 real fruit/vegetables	 no artificial coloring	 guaranteed vitamin levels	 no added sweeteners	 guaranteed Omega fatty acid levels
 Kaytee® Exact Natural		✓			✓
 Kaytee® Exact Rainbow					✓
 Kaytee® Fiesta	✓				✓
 Kaytee® Forti-Diet® Pro Health™	✓				✓
 Kaytee® Forti-Diet® Pro-Health™ Egg-Cite!	✓				✓
	 real fruit/vegetables	 no artificial coloring	 guaranteed vitamin levels	 no added sweeteners	 guaranteed Omega fatty acid levels
 Kaytee® Forti-Diet® Pro Health™ w/Safflower	✓				✓
 Kaytee® Grassland Foraging Diet					✓
 Lafeber's Nutri-Berries		✓			✓

	Lafeber's Nutri-Berries Sunny Orchard	✓	✓			✓
	Lafeber's Nutri-Meals	✓	✓		✓	✓
	Lafeber's Premium Daily Diet		✓			✓
	Lafeber's Sunny Orchard Pellet Berries	✓	✓			✓
		 real fruit/vegetables	 no artificial coloring	 guaranteed vitamin levels	 no added sweeteners	 guaranteed Omega fatty acid levels
	Pretty Bird Birdy Banquet	✓			✓	
	Pretty Bird - Daily Select - Small			✓	✓	
	Roudybush - Daily Maintenance		✓		✓	
	Roudybush - Daily Maintenance - California Blend	✓	✓		✓	
	Roudybush - Daily Maintenance - Low Fat		✓		✓	

	SunSeed Subscription Vita Prima	✓		✓		
		 real fruit/vegetables	 no artificial coloring	 guaranteed vitamin levels	 no added sweeteners	 guaranteed Omega fatty acid levels
	Tropical Carnival Cockatiel/Lovebird/Small Conure	✓		✓		✓
	Tropical Carnival Small Hookbill	✓		✓		✓
	ZuPreem AvianBreeder Fruitblend					
	ZuPreem Avian Entrees	✓				
	ZuPreem Avian Maintenance FruitBlend	✓				
	ZuPreem Natural Premium Daily Bird Food		✓			