

# Electrolyte Supplements for Horses: Compare

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A proper electrolyte balance and hydration should be main concerns of a horse owner. Electrolytes are required for fluid balance in cells. Electrolytes such as sodium (chemical symbol Na) and potassium (K) are essential for muscle function, which affects both skeletal muscles and the heart. Other electrolytes are responsible for other functions of the body.

Na= Sodium | K = Potassium | Ca = Calcium | Mg = Magnesium | Ph = Phosphorus

Product/ Serving Size	Form/ How to Feed	Na (mg)	K (mg)	Ca (mg)	Ph (mg)	Mg (mg)	Amino Acids
<a href="#">Apple-Dex</a> by Farnam (2 oz)	Powder, as is or mix w/ water	15,590	6237	284	-	227	-
<a href="#">Apple Elite</a> by Farnam (2 oz)	Granules, as is or mix w/ water	15590	6237	284	-	227	-
<a href="#">Stress-Dex</a> by Neogen (1 oz)	Powder, as is or mix w/ water	703	852	341	227	-	-
<a href="#">Electro-Plex Gel</a> by Oral-X (34 g)	Gel, as is	244	Y	Y	-	Y	Y
<a href="#">Apple-A-Day</a> by Finish Line (0.5 oz)	Powder, as is or mix w/ water	2840	1704	909	0.142	71	-
<a href="#">Recharge Electrolyte</a> by Equi-Shine (% or min. per pound)	Granules, mix well into feed	12.0% min 14.0% max	9.0% min	0.5% min 1.0% max	0.4% min	0.3% min	-
<a href="#">OTC Jug™</a> by Farnam (per lb)	Paste, as is	5.00% min 6.00% max	1.40% min	0.50% min 0.70% max	1.00% min	0.50% min	Y