

## Digestive Aids for Horses: Compare

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Digestive supplements for horses may contain probiotics, prebiotics, mannan oligosaccharides, sources of soluble fiber, or a combination of these ingredients.

- **Probiotics** are live microorganisms, including bacteria (e.g. *Lactobacillus* species) and yeast (e.g. *Saccharomyces* species), which, when given in sufficient amounts may benefit the horse.
- **Prebiotics** are non-digestible food ingredients that produce health benefits by promoting the growth of "good" bacteria in the intestine. These include oligosaccharides.
- **Psyllium** is an 80% water-soluble fiber that is used to move sand through a horse's digestive system.

Digestive aids may help after worming, with horses on antibiotics, and with older horses.

The following is a comprehensive list of digestive aids with ingredient amounts.

Product	Form	Lactobacillus sp.	Saccaromyces sp.	Enterococcus sp./ Bacillus sp.	Psyllium	Other prebiotics or probiotics	Oligosaccharides	Anti-oxidants
<a href="#">Daily Start</a> by Equishine	Powder	2.5 billion CFU/ serving	30 billion CFU/ serving	N	N	Y	5 mg/serving	Y
<a href="#">ProBios Digestive Treats</a> by Vets Plus	Treats	N	N	20 million CFU/ serving	N	Y	N	N
<a href="#">ProBios Hip &amp; Joint Treats</a> by Vets Plus	Treats	N	N	20 million CFU/ serving	N	Y	N	N
<a href="#">SandClear</a> by Farnam	Pellets	N	N	N	Y	N	N	N
<a href="#">ProBios</a> by Vets Plus	Powder	50 million CFU/ serving	N	N	N	N	N	N
<a href="#">ProBios Equine One</a> by Vets Plus	Gel	100 million CFU/ serving	N	N	N	N	N	N
<a href="#">Omega SureGut™ for Horses</a>	Powder	N	16 billion CFUs	N	N	Y	N	Y
<a href="#">Exceed 6-Way™ Pellets</a> by Med-Vet Pharmaceuticals (MVP)	Pellets	N	Y	Y	N	Y	N	Y
<a href="#">Levelor™</a> by Med-Vet Pharmaceuticals (MVP)	Pellets	Y	Y	Y	N	Y	N	N

<a href="#"><u>Gastro-Plex™</u></a> by Med-Vet Pharmaceuticals (MVP)	Pellets	N	Y	N	N	Y	Y	Y
<a href="#"><u>Gastro-Plex™</u></a> by Med-Vet Pharmaceuticals (MVP)	Paste	Y	N	Y	N	Y	N	N
<a href="#"><u>Sand-Free™</u></a> by Med-Vet Pharmaceuticals (MVP)	Pellets	N	N	N	Y	Y	N	N
<a href="#"><u>D-Carb Balance</u></a> by Med-Vet Pharmaceuticals (MVP)	Pellets	N	Y	Y	N	Y	N	Y